

## How to Keep Your Oxygen System Clean

- Use distilled water in the humidifier bottle. Change the water daily.
- Wash the humidifier bottle once a week:
  1. Wash with non-antibacterial liquid soap and hot water.
  2. Rinse well.
  3. Soak the bottle for 30 minutes in a solution of 1 part white (distilled) vinegar and 10 parts water.
- Change the nasal tubing once a week.
- Change the long supply tubing once a month.