

# EMERGENCY AND DISASTER PLANNING

## HOME SAFETY TIPS

---

### GENERAL DISASTER PREPAREDNESS

**PLAN AHEAD** – Discuss emergency management tips with your nurse. If an emergency arises you will be prepared and you will stay calm.

**KEEP INFORMED** – Have a battery-operated radio available. Tune in for local emergency reports.

**KEEP IN TOUCH** – Identify a neighbor who can give assistance in an emergency.

**CONTACT THE AGENCY** – If you have concerns or doubts about your emergency plan, call **The Home Care Network**.

### SNOW AND ICE STORMS

---

Can be predictable and unpredictable. Vary from community to community. Heed warnings.

**Gather Supplies:**

- Food, water, flashlights or candles, batteries, rock salt or cat litter.
- Supplies as needed to perform your care.

**Make arrangements for:**

- Snow and ice removal.
- Someone to get or to deliver groceries.
- Someone to check on your safety.

**Expect utility loss. Have a plan for providing care without utilities.**

### FIRE SAFETY

---

If you are disabled, protect yourself by notifying the local fire department about your special needs.

### WINDSTORM

---

Heed warnings and take cover.

**Gather supplies:**

- Water, food, first aid kit, flashlight, any special equipment needed for your care.

- Close curtains or drapes.
- Expect utility loss and the need to shut off utilities.

## **FLOODING**

---

Can be caused by heavy rain, burst water pipes, backed up sewers or burst dam.

Usually sudden conditions can vary and response can vary:

- Local floor wetting – move furniture, equipment and supplies as needed.

If the floor is wet, **DO NOT TOUCH** appliances, fixtures or switches.

- Deep water – plan for evacuation, plan for what equipment or supplies must be evacuated

## **UTILITY LOSS**

---

Loss of electricity, heat, water or other vital services:

**Call the emergency numbers for the utility companies with which you do business!**

- PECO Energy Company – 1-800-841-4141
- Philadelphia Gas Works – 1-215-235-1212
- Water Service – Refer to the Blue Pages of your phone book for the water company providing service in your area.